

# FABRIC HEART



You will need...

- 2 x squares of fabric
- toy stuffing (or some fabric offcuts)
- ribbon
- 1 x button
- needle and thread
- sewing machine (optional)
- scissors

Make a template. To do this draw a heart shape on paper. Mine is approximately 12cm in length, but you can go as big or small as you like. Now fold it in half (this will make it perfectly symmetrical). Cut out your heart shape

Put your two pieces of fabric together with the right sides facing.

Lay your template on top and pin it to the fabric. If you prefer, just draw around your template in pencil so there is a heart shape is on the fabric.



Sew around the heart shape, leaving a 5cm gap on one side.

Cut out your heart shape leaving approx 1cm of fabric around the edge.

Cut into the seam allowance around the curved edges, so it lays nice and flat when turned inside out.

Cut off the pointed end at the bottom of the heart.

Turn it inside out, and spend some time pushing out all the little edges. This will create a really nice heart shape.

Give it a little press.

Now sew around the edge again leaving a tiny seam allowance. Don't sew over the gap!



Sew your ribbon onto the top of the heart in a loop and sew a pretty button on top.

Stuff your heart with some toy stuffing. If you don't have any just use some fabric offcuts or cut up an old pair of stockings.

If you want to make your heart really special you could stuff it with lavender!

The final stage is to sew up the gap. Use the inner line of over sewing as a guide and your stitches won't show.

Voila! You now have a beautiful hanging heart! Gift it to someone you love and watch their face light up... don't forget to take the credit for making it yourself!

